

# The Sugar Lake News

SEPTEMBER 2010

## Sugar Lake Association Minnesota Waters' 2010 Lake Association of the Year 2009 Star Lake Recipient

2010

### CALENDAR OF EVENTS

October 16-SLA Meeting\*

\*SLA meetings are held at the Corinna Township hall at 8:00 a.m. September & October meetings at 9 a.m.

#### Send Newsletter submissions to:

Don Peterson  
319 Wayside Rd W  
Hopkins, MN 55343  
Home 952-939-0172  
Work 952-361-3026  
E-mail don@sugarlake.org

#### For membership, address, e-mail, or property owner changes

contact Cathy Beckman at  
10880 Imhoff Ave NW  
Annandale, MN 55302  
320-274-8623

E-mail membership@sugarlake.org

## SLA Committees

The real work of the Sugar Lake Association happens in committee. Go to [www.sugarlake.org](http://www.sugarlake.org) and click on the volunteer link to see a list and short description of the committees and contact information. If you are interested in volunteering please contact the person listed.

Additionally, we need a volunteer to help us stay in touch with what is happening in Clearwater Township. If you live in Clearwater Township and are interested in helping, contact Doc Williams at 952-888-9884.

## Diane's Lights Night By Doc Williams

This year's Diane's Light's Night was the most innovative ever with new ideas that were both clever and well thought out. The day started out windy but as the sun went down so did the wind making it a perfect night for the event. As I cruised the shoreline I noticed a number of people out side by their campfires enjoying the evening while many others were in their watercraft enjoying the impressive art work. A total of 84 displays were put up this year. Some were simple with just a few Luminaries' at the end of their dock while others dazzled the onlookers. They all added to the evening. A number of honorable mentions go out this year. 5 K Run and the B B 5 K both referred to the 1st annual Sugar Lake 5 K run, honoring Brandon Beckman, that took place that Saturday morning. I was also impressed by the small rotating Ferris wheel in the North Bay, the peace sign, vote MN, and "wish upon a star." As I viewed the pink cancer ribbon, I couldn't help but wonder if someone was celebrating surviving that dreadful disease. In all, it had to be a hard decision for the judges.



This year's third place winner was 14 year old Charlie and 12 year old Rachael of the Urista cabin in the North Bay. Their display consisted of Luminaries' hung from a rope that was strung between two boat lift canopies, more Luminaries' across the shoreline, on their balcony, and still others around the yard. Their centerpiece was a big crescent moon made out of gallon milk jugs. In all, they had about 200 candles burning. The Urista's were also last years third place winners.

Second place goes to the Beltrand cabin on the west shore. Their display consisted of a 39 foot high by 45 foot long replica of the U S flag complete with 50 blue stars and 13 red & white stripes. Son-in-law Robert Turner was the architect using 203 red, white & blue bags to make the display. It made you proud to be an American.

This year's first place winner was the 20 foot high, rotating Ferris wheel erected by the DeGroot family in the North Bay. As you came around Sunset Point, you couldn't miss it. Mike was the engineer and decided to add motion to his display. He bolted together 2 round rough-in electrical boxes, attached 10 foot long by 1/2 inch wide tubing at various points then stringing 8 luminaries' between them. A barbeque spit motor was used to turn the wheel. There were also 70 to 80 bags located in various places around the yard. The DeGroot family also took first place 2 years ago. They have agreed to be next year's judges.

A big thanks to all who participated in this year's event; you made it the best ever. Now for next year.....



DeGroot Family

## Water Quality Report

The latest lake report. The physical condition was 2 on a scale of 1 (good) to 5 (poor). .

Date	Clarity	Water Temp	Air Temp	Culvert	
				Inlet	Outlet
09-14-05	10'	61°	54°	23"	28"
09-14-06	8'	64°	64°	17"	22"
09-19-07	9'	60°	70°	16"	21"
09-15-08	10'	66°	70°	16"	21"
09-18-09	13'	72°	71°	17"	22"
09-16-10	9.5'	66°	55°	23.5"	29.5"

## Membership

Paid membership to date this year is 306. If you know someone new in your area that might be interested in becoming a member of the SLA, notify Cathy Beckman. She will contact the new property owners with information and make them feel welcome to the area. Notify Cathy of any changes to the directory information including address or phone changes. Contact Cathy at 320-274-8623 or email [membership@sugarlake.org](mailto:membership@sugarlake.org).

Our sympathies to the family of Marilyn J. Saathoff (1940-2010). Marilyn Saathoff and her late husband Ardel managed the Sugar Lake resort most of the time it was owned by Jim & Gen McCarthy.

## News Flash

The Sugar Lake Association maintains two email lists for communication with membership:

**News Flash:** This list is used to send information about invasive species treatment, event announcements, member information, government information, etc. To subscribe to this list send an e-mail to [newsflash@sugarlake.org](mailto:newsflash@sugarlake.org) requesting addition.

**For Sale:** This list is used to send information about items "for sale" by the membership. To subscribe to this list send an email to [forsale@sugarlake.org](mailto:forsale@sugarlake.org) requesting addition.

If you wish to unsubscribe follow the instructions in the email you receive from the list or send an email requesting removal to the addresses listed above.

For the latest news on Sugar Lake visit our website:

[www.sugarlake.org](http://www.sugarlake.org)

## Treasurer's Report

As of September 16, 2010

General Fund	\$16,339.03
Lake Improvement Fund	\$15,406.58
Milfoil and Invasive Species Fund	\$111,186.29
<b>Total All Funds</b>	<b>\$142,931.90</b>

## Township News

**Corinna Township** Town Board meetings are held the first and third Tuesdays of every month at 7 p.m. The Corinna Town Hall is located on Ireland Ave, 1/3 mile north of County Road 39.

Clerk: Mary Barkley Brown 320-274-8049

- Visit the Corinna Township website at [www.corinnatownship.com](http://www.corinnatownship.com).

The Corinna Planning Commission will now meet the first Thursday of each month, beginning in October, 2010, rather than the 4th Thursday of each month. The following are the dates for the remaining 2010 meetings:

September 23rd (already scheduled meeting)

October 7th

November 4th

December 2nd

**Clearwater Township** Town Board meetings are held the third Tuesday of every month at 7:30 p.m. The Clearwater Town Hall is located on Highway 24, 3-1/2 miles south of Clearwater.

Clerk: Sharon Lee 320-558-6725

- Visit the Clearwater Township website at [www.clearwatertownshipmn.govoffice2.com](http://www.clearwatertownshipmn.govoffice2.com).

## Rainfall

August rainfall was 4.75 inches. September rainfall has been 8.59 inches through Sept 27. Thanks to Andy Juetten for providing monthly rainfall totals.

## Water Patrol

Please be sure you remove all buoys and any other equipment from the water this fall. Anything left in the lake can present a hazard to winter lake traffic.

## Directory

A new Sugar Lake Association directory will be printed and distributed next year. Current information for the directory will be collected as part of the dues mailing early in 2011. If you have any concerns, questions, or suggestions about the directory please email [membership@sugarlake.org](mailto:membership@sugarlake.org).

## Outdoor Catholic Mass

An outdoor Catholic Mass was celebrated at the Shallbetter cabin on Sunday of Labor Day Weekend. Fr. Marty Shallbetter was the celebrant and over 100 people attended. It is said where two or more are gathered in my name, there will be a collection. \$ 238.00 was donated to the Free Store in Annandale. Refreshments were served after and many stayed to socialize. Thanks to those who donated goodies for the event and all who came for the Mass. Fr. Marty has agreed to celebrate a Mass again next Labor Day weekend.



## Education

By Ed Quinn

This is the second in a series of short education topics.

TSI is a standard measure of means for calculating the trophic status or productivity of a lake. More specifically, it is the total weight of living biological material (biomass) in a waterbody at a specific location and time. Three variables, chlorophyll a, Secchi depth, and total phosphorus, independently estimate algal biomass.

The trophic state index is a numerical scale from 1 to 100 covering the full range of possible lake conditions. Trophic State Index is not necessarily interchangeable with water quality. Water quality is subjective and depends on how you intend to use the waterbody. A lake that is good for duck hunting is not necessarily good for water skiing. In turn, a lake that is great for swimming may not be great for bass fishing.

The historical mean of the TSI index for Sugar Lake has been 46. The 2010 average is 47. It has ranged from 42 in 2002 to 49 in 2004. The lower number is better.

Source: RMB Environmental Laboratories

## Bulrush planting

The bulrush planting program was continued this year. Over 50, 1 gallon, bulrush were planted at 5 sites around the lake. After several years of planting, some of the sites are showing real promise of re-establishing. This year, all hard-stem bulrush were planted.



## 2010/2011

# Sugar Lake Association Board of Directors

### Terms expiring August 31, 2011

	<u>Lake #</u>	<u>Home #</u>	<u>Area</u>
Marilyn Andersen.....	320-963-5527.....	Same as lake.....	M
Cathy Beckman.....	320-274-8623.....	Same as lake.....	R
Deb Beltrand.....	320-274-8299.....	952-944-1526.....	T
Mike Kluge.....	320-274-2729.....	Same as lake.....	Y
Greg Selle.....	320-963-5626.....	763-476-4844.....	L
Trudy Gutowski.....	612-709-2993.....	Same as lake.....	L

### Terms expiring August 31, 2012

Doc Williams.....	320-963-6776.....	952-888-9884.....	H
Betsy Hanson.....	320-963-5772.....	507-282-5514.....	Y
Matt Kutz.....	.....	952-380-8808.....	W
Sue Dixon.....	320-963-3055.....	317-849-9534(winter)....	A
KJ Gusaas.....	320-274-8666.....	952-941-4089.....	T
Ron Elsner.....	612-718-2087.....	763-755-5421.....	S

### Terms expiring August 31, 2013

Marianne Borgeson...320-963-2674.....	Same as lake.....	A
Bob Brabant.....320-963-9199.....	Same as lake.....	H
Marilyn Hiscock.....320-274-2663.....	716-416-0654.....	T
Tom Nimmo.....320-963-6205.....	Same as lake.....	G
Tom Pugh.....320-963-5691.....	952-474-9027.....	E
Andrea Welter.....763-218-8539.....	Same as lake.....	H

## 2010/2011 Officers

**Chairman:** Doc Williams

**Vice-Chairman:** KJ Gusaas

**Treasurer:** Trudy Gutowski

**Secretary:** Andrea Welter

## Zebra Mussels

In light of the recent news about the discovery of zebra mussels in Lake Minnetonka, here are a few facts:

Zebra mussels are a small freshwater mussel usually found in clusters. They were brought into the Great Lakes in the ballast water of freighters. The mussels were discovered in the Great Lakes about 1988. They have a D-shaped shell with alternating yellow and brownish colored stripes. Most are under an inch in size, but range from 1/4 to 1-1/2 inches long. Female zebra mussels can produce 100,000 to 500,000 eggs per year. The eggs develop into microscopic larvae (called veligers) that begin forming shells. Within 2 to 3 weeks they settle and attach to any firm surface. They can clog irrigation systems, attach to boat motors and clog cooling water inlets, cut fishing tackle, and cause cuts and scrapes to swimmers. They filter plankton increasing water clarity allowing plant growth, including invasives, at greater depths. High numbers of the mussels can impact the food chain. Watch for zebra mussels when you pull your equipment out of the water this year.



Source: MN DNR

## Rain gardens

A rain garden is a depressed area of ground planted with vegetation that will allow run-off from impervious surfaces or compacted lawn areas the opportunity to absorb into the soil. Depending on the soil type and the quantity of run-off water, a rain garden can range from a slightly excavated depression in a lawn to an extensively excavated area filled with specific soil mixes to promote infiltration. Native plants are preferable for rain garden vegetation. Their deep root systems promote infiltration and help remove pollutants.

Rain gardens slow and improve the quality of storm water run-off. The highest levels of sediments and pollution occur early in a rain shower when the impervious surfaces are washed off. We have referred to this in the past as the “first flush.” The “first flush” water is captured by the rain garden. Sediments and pollution present settle out of the water and are absorbed by the plant roots and filtered by the soil.



**This rain garden is at the south access. It was planted in the spring of 2010.**



**This rain garden is on Karen Sutherland's property in area N. It was planted about two years ago.**



The rain garden above and to the left is under construction fall of 2010. It is at Don and Cindi Peterson's on the east shore, area K. The area was excavated about two feet deep and a berm was built along the lake side. The excavated area was first filled with six to eight inches of sand followed by eight to twelve inches of an engineered, rain garden soil mix. The soil mix is 40% sand, 30% black dirt, and 30% compost. It was then topped with about four inches of shredded hardwood mulch. A boulder toe was added against the berm on the lake side. It will be partially planted this fall.

Installation was by Bryan Roe, Landscape Innovations, a Sugar Lake directory advertiser.

# Brandon Beckman Memorial 5K Run/Walk

The first annual Sugar Lake 5 K run/walk was successful beyond anyone's wildest dreams. When Kristin Turner, the event chairman, first approached the association with the concept, they thought it was a good idea that would start small and grow. Little did they know of Kristin's organizing skills and determination to make it happen. The morning of the run the temperature was 50 degrees and sunny, perfect for the occasion. 117 people had already signed up and 50 more were added that morning. The race/walk started on Ireland Av., several blocks north of the Corinna Township Hall, went to 117th, east to Hollister, north to the end of the road, then back to the starting point. The route was planned so the race would go down the Sugar Lake's shoreline. The first runner to cross the finish line was Daniel Turk, followed by David Burd and Jeff Rivers. The last one across was Heath Radtke with his young sons in tow. The only injury was Kristin herself, who twisted her knee before the race started. In spite of her injury, she still ran in the event. About \$2800.00 was raised for the S L A.

The 5 K was run in honor of Brandon Beckman whose life was cut short in an accident this past winter. Brandon, son of Doug & Cathy Beckman, was a lifelong resident of Sugar Lake. The Sugar Lake Board voted unanimously to dedicate race proceeds to water quality issues.



Doug and Cathy Beckman

Special thanks go to Kristin Turner for the great job she did in organizing the 5 K. Thanks also to Steve Harnett, who supplied snacks from the Keebler Company and Oak Realty for the cases of bottled water. We can't forget all the individuals who volunteered to help and those who participated in the event. Plans are already being put together to make next year's 5 K even better. If you have any ideas or suggestions contact Kristin at [kristinturn@gmail.com](mailto:kristinturn@gmail.com).



## Fishing Committee

Catching too many small northerns? Consider keeping some to try my pickled pike recipe.

### **Pickled Pike**

#### Ingredients needed

3-4 small pike  
1- cup pickling salt  
4- cups water  
1- cup white vinegar  
1-cup sugar  
5- Tbsp pickling spice  
1- med onion sliced  
3-4 jalapenos sliced  
Garlic cloves

Freeze fish for 3 days to kill any parasites. Cut fillets into half inch chunks. I like to remove the bones but they will soften enough for some people.

Mix the salt and water in a large stainless-steel bowl and add fish. Store fish in refrigerator for at least 2 days – longer wont hurt. Drain and cover the fish with white vinegar for 1 more day.

For the pickling mixture, combine in saucepan 2 cups white vinegar, the 1 cup of sugar and the 5 Tbsp of pickling spice. Bring to a boil, place in refrigerator until cool.

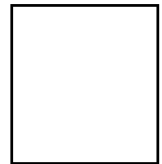
I like to alternate onion, fish and jalapenos in jars for half the batch. I alternate onion, fish and small chunks of garlic cloves in the other half of the batch. Pour the pickling mixture over the fish and store in the refrigerator for 2 weeks before eating.

Very good with club crackers and a cold beer!

*Mike Kluge*

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10880 Imhoff Ave NW  
Annandale, MN 55302**



**ADDRESS SERVICE REQUESTED**