

Brandon Beckman Memorial Sugar Lake 5K- Registration Form

(Please complete one per participant)

First Name: _____

Last Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Email address: _____

Phone: _____

Age on Race Day: _____ Gender M F

Shirt Size (circle one):

ADULT S M L XL XXL

Race entered:

5K Walk _____

5K Run _____

T-Shirt Only _____ (Pick up only-Day of Race)

Donation Only _____

**For help in planning, please check if you think you will attend brunch at the "Hitching Post" _____ How many in your group? _____

This is a non-USATF registered event. Funds go to the Sugar Lake Association/ Lake Improvement Fund. The SLA is a 501C-3, and all donations are tax deductible. Feel free to donate even if not participating.

In consideration of the acceptance of my entry, I hereby release the Sugar Lake Brandon Beckman Run/Walk, the Sugar Lake Association and the Corinna Township from any and all liability arising from illness or injuries I may suffer as a result of my participation in this event, for which I am physically fit and trained.

Signature: _____

****Mail-in registration only (no email). Registration and fee need to be received by August 15, 2013 in order to get t-shirt. Registration will also be available on race day (no t-shirt).**

On **Saturday, August 31**, the 4th annual Sugar Lake Brandon Beckman Memorial 5K run/walk will take place. The start and finish lines will be at the Corinna Township on Ireland Ave. Please park in the lot at the township. The race will go north on Ireland Ave, down Imhoff Ave NW, and then back on Ireland Ave. All ages are welcome. The roads will be patrolled.

Adults - \$25 (Pre-registration and race day registration). Only pre-registered participants will get a t-shirt.

Children (who are running or walking on their own) - \$10 if no-shirt size is selected. \$25 if t-shirt size is selected (adult size only). No charge for children in strollers, etc.

**New This Year-You can order just a t-shirt for \$10 (without participating). Submit form by August 15. Must pick-up on race day at Corinna Township by 10am (no deliveries).

Schedule of Events

8:00 – 8:50 am Registration/Check-In (Get numbers, t-shirts, etc)

9:00 am 5K Run/Walk (Everyone will start at the same time/location)

10:00 am Brunch/Party at The Hitching Post at Lake Center

All pre-registered participants will receive a commemorative t-shirt. Snacks and beverages will be provided in the parking lot after the event. The top finishers for the 5k run will be given certificates and announced in the Sugar Lake Association newsletter.

Please make checks payable to Sugar Lake Association and mail other half of form to: Cathy Beckman

**10880 Imhoff Ave NW
Annandale, MN 55302**

Contact Kristin at kristinturn@gmail.com with any questions or if you want to volunteer. The event will take place rain or shine!